

# Anti-virus, firewall and Internet security software

- **AVG Anti-virus** – free; anti-virus
- **Microsoft Security Essentials** – Free anti-virus and anti-spyware from Microsoft. Supersedes Windows Defender (see below). Also, [Security Essentials definitions](#)
- **Microsoft Windows Defender** – Free anti-spyware from Microsoft. Best designated for Windows XP sp3 machines. Included in Windows Vista and Windows 7, and not compatible with Windows 2000. Also, [Windows Defender definitions](#)
- **Norton Internet Security** – non-free; anti-virus, firewall, spam/phishing protection, parental control
- **Sophos Anti-Virus** – shareware; anti-virus. Full version free to UCLA students, staff, and faculty for all Windows versions & Mac OS versions via [BOL's software area](#).
- **ZoneAlarm** – free for non-commercial use; firewall

For general info on securing your PC/Mac you might want to check out:

- <http://www.scribd.com/doc/48356630/MakeUseOf-com-HackerProof-Your-Guide-to-PC-Security>

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Revision #4

Created Mon, May 15, 2006 4:41 PM by Chan, Wing Kai

Updated Thu, Feb 24, 2011 7:31 PM by MacKnight, Scott